

COMMUNITY RESOURCES

RESOURCES AVAILABLE TO MASSACHUSETTS RESIDENTS

HOUSING

Department of Transitional Assistance (DTA) (781) 388-7300

Food assistance, economic assistance, job opportunities, & job training.

Department of Housing and Community Development (DHCD) (617) 573-1100

Provides funding and resources that can assist with living affordably and safely. Offers assistance with navigating housing assistance programs in the state.

MassAccess Housing Registry massaccesshousingregistry.org

Helps people find and connect with affordable rental and homeownership opportunities in Massachusetts.

Housing Consumer Education Centers (HCEC) masshousinginfo.org

Assists state residents in obtaining and maintaining housing. Available to tenants, landlords, homeowners/buyers, and homeless individuals/families.

BEHAVIORAL & MENTAL HEALTH SERVICES

Massachusetts Behavioral Health Help Line (833) 773-2445

24/7 Support available via call or text. Assists with connecting residents directly to clinical help and treatment.

Massachusetts Network of Care massachusetts.networkofcare.org

An online resource that provides a comprehensive and searchable directory for information on behavioral health services and treatment in Massachusetts.

NAMI Compass (617) 704-6264

Information and referral helpline. Provides resources and support to assist with navigating the mental health system for yourself or a loved one.

Massachusetts Behavioral Health Partnership (800) 459-0086

Provides an array of mental and behavioral health services including: behavioral health urgent care services, care management, community behavioral health centers, and mobile crisis intervention teams.

FOOD & NUTRITION

Project Bread Food Source (800) 645-8333

Call this hotline to connect with food pantries in your area.

Massachusetts Emergency Food Assistance Program (MEFAP) (617) 851-3644

A network of emergency food providers connected with food bank distribution centers.

Supplemental Nutrition Assistance Program (SNAP) (877) 382-2363

Provides financial assistance to eligible households via monthly funds to be used to purchase groceries.

Women, Infants, and Children Nutrition Program (WIC) (800) 942-1007

Provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare/other services to keep pregnant women, breastfeeding women, and children under 5 healthy.

ABUSE & EMERGENCY SERVICES

Child-At-Risk Hotline (800) 792-5200

Call this 24/7 hotline to report abuse or neglect.

Disabled Persons Protection Commission (DPPC) (800) 426-9009

Protects adults with disabilities ages 18-59. Call this hotline to report abuse or neglect.

National Domestic Violence Hotline (800) 799-7233

Call this hotline to report instances of violence or abuse.

Suicide Hotline 988

24/7 call, text, and chat services with trained crisis counselors to provide services that assist with suicidal thoughts, substance use, or mental health crisis.

Parental Stress Hotline (800) 632-8188

24/7 access to parent support counselors for anonymous support with parenting or family issues.

EMPLOYMENT & JOB TRAINING

MassHire Career Centers (617) 626-5300

Connects workers and employers; includes job listings, training opportunities, and information on aid and benefits.

Adult Community Clinical Services (ACCS) (857) 262-9828

Provides clinical interventions and peer support to assist with stabilizing and self-management to live successfully in the community.

Massachusetts Clubhouse Coalition massclubs.org

Assists those with long-term mental illness in finding and securing employment, housing, education, services, and support within the community.

SUBSTANCE USE & RECOVERY

Substance Use Helpline (880) 662-4357

Free, confidential information, referrals, and support for people seeking help or treatment for substance use disorders. Can connect people with treatment and recovery options.

Grayken Center for Addiction (844) 319-5999

Free call line for caregivers of children with substance use disorders that provides confidential individual support.

Massachusetts Behavioral Health Access mabhaccess.com

Provides a comprehensive list of available substance use disorder services, such as community behavioral health centers, mobile crisis intervention, community crisis stabilization, acute treatment services, clinical stabilization services, residential rehabilitation services, medication-assisted treatment services, and inpatient/outpatient treatment services.