

Parenting Your Teen: Communication for Life Series...

# Connect, Relate and Engage with Your Kids



## TALK AND LISTEN WITH EMPATHY



- Do you know how to model empathy for your kids?
- Do they willingly share what's going on in their lives?
- Do you really know how they feel and how to communicate with them most effectively?

### Get the conversation started!

Empathic listening and face-to-face communication are integral to building stronger relationships with your kids.

Learn from an engaging instructor while collaborating with parents through role playing, modeling and stimulating group discussion.

You will walk away with tangible tools, tips and strategies to improve relationships with your kids.

### The other three parts of this series include:

Express Support, Belief and Love  
Reduce Conflict and Find Common Ground  
Apologies and Growth Mindset

*Your organization or  
school presents:*

**Parenting Your Teen**

**Date - Time**

**Location**

**Cost: \$**

To register, please visit:  
[mindsetgo.com/](http://mindsetgo.com/)



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